

Inspiration from: CANADIAN RESORTS

Braised Pork Belly



For the Spice Rub ...

1/2 cup brown sugar
1/4 cup salt
1//4 cup cumin
1/4 cup black pepper
1/4 cup granulated garlic
1/4 cup chili pepper

For the Red Cabbage ...

1 1/2 pound brown sugar

6 cups red cabbage - cored & shredded1 large onion peeled & Julien sliced2 green apples3 cups apple cider vinegar

For the Crisp Potato Cake ...

2 large Russet potato's peeled & grated3 tbsp olive oilPinch of saltPinch of pepper

For the Braised Pork Belly ...

2 pounds pork belly 2 quarts beef stock 2 cups Canola oil Pork Belly Spice Rub Recipe Crisp Potato Cake Recipe

PREPARE ... Spice Rub

1/4 cup butter

Combine all ingredients in a bowl and mix well.

PREPARE ... Crisp Potato Cake

In a small skillet, cook potato's until crispy on the outside and cooked through.

PREPARE ... Braised Red Cabbage

In large stock pot, over medium heat, add butter, onions and apples. Sauté for 2 minutes then add cabbage. Cook covered 3 to 4 hours.

PREPARE ... Braised Pork Belly

Pierce pork belly numerous times with a pot fork. Liberally rub the pork belly with Spice Rub coating all sides. Refrigerate for 24 hours.

Pat dry pork belly. In a sauté pan, sear all sides until well carmelized. Transfer to roasting pan, add beef stock and remaing Spice Rub. Cover and braise at 325° for 4 hours.

Remove pork from braising liquid and allow to dry. Fry the pork belley in a satué pan until crispy on all sides.

For presentation, slice and serve pork with Potato Cake and Red Cabbage.

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