SkiDazzle

A Taste of Winter

Inspiration from: **New Mexico Ski Resorts**

Autumn Harvest Pumpkin Soup



Cardamom créme fraiche, fall fruit and cranberry compote

For the soup ...

3 cups cleaned pumpkin flesh 3/4 cup onion - diced 1/4 cup celery - diced 3 tbsp olive oil 2 tsp fresh thyme 6 cups vegatable stock 1 1/2 cups heavy cream Roux * Salt & pepper to taste

PREPARE ...

In a large kettle sweat the pumpkin, onion, celery and carrot and then add thyme and stock and bring to a simmer.

For the Roux * ...

3 Tbsp butter 3 Tbsp flour

PREPARE ...

Combine ingredients over low heat and cook for 5 minutes.

For the Cardamom créme fraiche

1 tsp cardamom pods 1 cup créme fraiche

PREPARE ...

Toast the cardamom seeds in a sauté pan until fragrant and then grind to a fine powder and mix into the créme fraiche.

For the fall fruit and cranberry compote ...

1/4 cup green apple, peeled and diced small1/4 cup rhubarb - diced small1/2 cup cranberries - chopped coarse2 tbsp orange juice1/2 cup sugar

PREPARE ...

Combine all ingredients in a small sauce pan over medium heat and cook to a thickened consistency.

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