

Inspiration from: UTAH SKI RESORTS

Pan-Roasted Natural Chicken ...

Field Mushrooms, Smoked Butternut Squash and Potatoes



- 6 (6 oz) natural chicken breasts with skin
- 3 tbsp olive oil
- 2 cups field mushrooms
- 2 tbsp shallots minced
- 1 sprig fresh thyme
- 3/4 cup dry sherry
- 1/2 cup butter

Salt and pepper to taste

PREPARE ...

In a hot sauté pan sauté the chicken breast in olive oil. Remove the chicken from the pan and add the shallots, mushrooms and thyme.

Deglaze the pan with sherry and reduce by half.

Salt and pepper to taste and finish

For the Squash ...

- 1 1/2 cups smoked squash
- 2 tbsp butter
- 2 tbsp shallots minced
- 1/2 cup white wine
- 3 cups chicken stock
- 1/2 cup heavy cream

Salt and pepper to taste

For the Mashed Potatoes ...

- 2 pounds peeled russet potatoes
- 1 cup chicken stock
- 1 cup heavy cream
- 1/2 cup butter
- Salt and pepper to taste

PREPARE ...

Boil the potatoes in lightly salted water until tender. Drain well and place in a large bowl.

In a sauce pot over medium heat, warm the chicken stock, cream and butter, slowly adding the heated mixture to the potatoes and mash until smooth.

Salt and pepper to taste.

PREPARE ...

In a large sauce pan sauté the shallots in butter, then add the squash, deglaze with white wine and add the chicken stock.

Reduce the heat to a simmer and cook the squash until it is very soft.

Puree the mixture until smooth, add the cream, return to the sauce pan and season to taste.